# Donning (Putting On) Personal Protective Equipment (PPE) at Temple University's Maurice H. Kornberg School of Dentistry

Put on PPE in the following sequence to reduce the possibility of contamination.

### 1. Perform Hand Hygiene

· Wash hands or use an alcohol-based hand sanitizer

## 2. Shoe Covers

- Pull covers over shoes
- Make sure that all areas of the shoes are covered
- Try not to touch the floor or possibly contaminated areas with your hands while putting the shoe covers on. If you do, disinfect your hands before donning gown.

#### 3. Gown

- Fully cover torso from neck to knees, arms to end of wrists, and wrap around the back
- Fasten behind neck and waist

## 4. Face Mask or Respirator

- Ties or straps should be secured on crown of head (top tie/strap) and base of neck (bottom tie/strap)
- Perform a user seal check each time you put on a respirator

#### 5. Hair Cover

• Must be large enough to cover the entire scalp and hair

## 6. Loupes (or other eye protection) and Face Shield

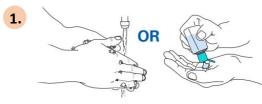
· Place over eyes and face, and adjust to fit

### 7. Gloves

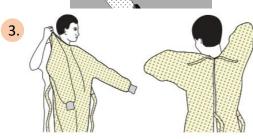
• Extend to cover wrists of gown

NOTE: Gloves must be removed as soon as feasible when torn, cut, or punctured. Hand hygiene must be done before regloving.

## 8. Staff, Residents, and/or Students may now Enter Patient Area

















# Doffing (Taking Off) Personal Protective Equipment (PPE) at Temple University's Maurice H. Kornberg School of Dentistry

Slowly remove PPE in the following sequence to prevent contaminating your clothing, skin, or mucous membranes with potentially infectious materials. Any PPE contaminated with blood or body fluids must be placed in the red, biohazard waste bag. Otherwise, it may be placed in the regular trash bin.



Following the removal of your gloves, perform hand hygiene (washing or sanitizer) **prior to each step in the doffing process**.



#### 1. Gloves

- · Outside of gloves are contaminated
- Using a gloved hand, grasp the palm area of the other gloved hand and peel off first glove
- · Hold removed glove in the remaining gloved hand
- Slide fingers of ungloved hand under remaining glove at wrist and peel off second glove over first glove

#### 2. Gown

- Gown front and sleeves are contaminated DO NOT TOUCH!
- Unfasten gown ties, taking care that sleeves don't contact any unprotected area of your body when reaching for ties
- Pull gown away from neck and shoulders, touching inside of gown only
- Turn gown inside out
- Fold or roll into a bundle

#### 3. Shoe Covers

 Touch the highest part of shoe cover behind ankle only when removing from each foot

## 4. Loupes (or other eye protection) and Face Shield

- Outside of loupes and face shields are contaminated — DO NOT TOUCH!
- Remove loupes (or other eye protection) and face shield from the back by earpieces and lifting head band
- If the item is reusable, clean according to the manufacturer's direction and store in a designated area

## 5. Hair Cover

Remove from behind the head

## 6. Face Mask or Respirator

- Front of face mask/respirator is contaminated DO NOT TOUCH!
- Grasp the bottom tie or strap of the mask/respirator, then the one at the top, and remove without touching the front









7. Staff, Residents, and/or Students may now Exit Patient Area